

LITHIA™

Since 1888
Mineral Spring Water



IMMUNE BOOSTER

BOOST YOUR IMMUNE SYSTEM

***Your immune system is your body's first line of defense**

It is essential to boost your immune system in these times! When your body senses a virus or bacteria (antigens), your innate and adaptive immune system works together to identify and kill them. If you have a boosted healthy immune system, you will usually get over the flu or cold fast, often with minor symptoms. But, if your immune system is weak, a virus can harm or kill you.

Lithia Spring Water's Lithium Bicarbonate 500 mcg/L Lithium promotes and helps build a robust immune system. *Lithium is known to stimulate several signaling immunological pathways. These are directly involved in the inactivation and modulation of the innate immune system and adaptive immune system, your body's first line of defense.

Lithia Spring Water's 15+ Ionic Micronutrient Electrolytes Lithia Spring Water's Alkaline formulation of minerals, electrolytes, and elements has very positive health effects for your body, mind, and immune system; a) Flushes Toxins and Free Radicals from Body, b) Helps Oxygenates Blood; c) Assists Body in Producing Lymph Fluid, d) Superior Cellular Hydration.

*2019 Journal of Pharmaceutical Research: Lithium: Immunomodulatory and Anti-Infectious Activities- Authors: Gujjari Lohitha and Prati Pal Singh Centre of Infectious Diseases, Department of Toxicology, Research, S. A. S. Nagar, Punjab, India

LITHIA[®]

Since 1888

Mineral Spring Water

Nature's Healthiest Water



500 mcg/L of Lithium Immune System Booster

LITHIUM (Li3) is known to boost both innate and active Immune Systems. Modern life styles, stress, toxins, and diet may weaken your immune system making it vulnerable to viruses. Boost your Immune System Health.



4,230µS/cm High Conductivity Cellular Hydration

33-trillion cells in your body transmit and receive bio-electrical energy. High conductivity ionic electrolytes hydrates and energizes cells. Sodium(Na+), Chloride(Cl-), Potassium(K+), Calcium(Ca2+), Magnesium (Mg 3s2).



Alkaline pH 7.4 Body's Perfect Natural Balance

Your body functions optimally at 7.4 pH alkalinity. Lithia Spring Water's ionized alkaline minerals survives the acidic stomach's digestion system (1.5 to 3.5 pH) helps build body's balanced 7.4 pH Alkaline buffer system.



500 mcg/L of Lithium & Aging Brain Syndrome

Our brain begins to structurally deteriorate as early as 30 and continues with age. Lithia Spring Water contains 500 mcg/L of Ionic Lithium may improve focus, clarity, memory, protect neurons from toxins, & improve mood.



222mg/L Sulfate Easy 5-Day Liver Detox & Cleanse

Lithia Spring Water contains 222mg/L of Sulfate (SO4-) fuels liver's sulfation phase-2 production of enzymes & removes harmful fat-soluble toxins from body. 16 Fl Oz before breakfast and 16 Fl Oz before dinner for 5-Days.



68 mg/L Silica Beautiful Skin, Hair, & Nails

Lithia Spring Waters 68 mg per liter of ionic Silica (Si 14) stimulates collagen production that facilitates skin hydration, improved complexion, lustrous hair growth, strong nails & may help improve bone density.

Explore ~ www.lithiaspringwater.com

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